

HONDURAS 2024

JULY 6-13, 2024

VILLAGE INFORMATION: Not yet assigned

TEAM SIZE: Limited to 50 for 2024 with 30 of those spots reserved for FBCOB members. *(first 50 to complete online application)*

TRAVEL INFORMATION:

- **35 Seats on American Airlines**
 - **July 6** Flt# AA1827 Memphis (MEM)-Dallas (DFW) 7:55AM-9:35AM
Flt# AA593 Dallas (DFW)-Comayagua (XPL) 12:20PM-2:57PM
 - **July 13** Flt# AA2586 Comayagua (XPL)-Miami (MIA) 1:19PM-5:55PM
Flt# AA1522 Miami (MIA)-Memphis (MEM) 9:00PM-10:33PM

FEE & PAYMENT SCHEDULE

- **Cost of Trip** is estimated to be \$2,500.00. This cost covers:
 - \$921.00 Airline ticket & Baggage Fee (covers 1 bag each way)
 - \$900.00 BMDMI Team Member Fee. (This fee is to cover our in-country expenses such as lodging, security, meals and transportation)
 - \$680.00 HON2024 Team Fee (covers cost of translators, optical, supplies, shipping and medicines needed to carry out our mission)
 - There is a fee reduction scholarship for active members of FBCOB. This scholarship reduces the total cost of trip to \$1,350 provided required service hours are completed.
- **Payment Schedule:**
 - February 15th -----\$500.00
 - March 15st ---Additional \$500.00
 - April 15th-----Additional \$500.00
 - May 15th ----- Additional \$500.00
 - June 24th -----Paid Complete

All payments must be submitted to FBCOB or Borderless Brigade and designated to Honduras 2024

The final date to use the reserved airline tickets out of Memphis is March 18, 2024. You must have paid at least \$900 by that date to guarantee one of these tickets. A credit of \$921 will be allowed for those team members traveling from another city and paying for their own flights and bags. All travel arrangements must be pre-approved by the team captain prior to booking.

APPLICATIONS AND FORMS

- A valid Passport is required to travel to Central America. Passport expiration date must be after January 14, 2025
- Applications must be completed online through a Managed Missions login. Each team member must complete this process by going to the FBCOB Honduras Missions page on our website where you can find a link with detailed instructions to complete this process. Here is the link to the Honduras page: <https://www.fbcob.org/honduras/> Once you open this page you can click on the online application instruction link and just follow the instructions.
- All Medical, Dental and Pharmacy licenses and diplomas must be uploaded to Managed Missions before April 10th. Tommy or Michael can help y'all with this if need be.
- BMDMI Minor's Travel Permission Form is required for any person under the age of 18 unless accompanied by both parents. You will need two of these notarized forms. This form can be downloaded from you Managed Missions login (This is the only form that will need to be notarized.)
- FBCOB Mission Service Agreement (This service agreement must be signed and dated by each person and cosigned by traveling parent or designated guardian of each person under the age of 18) This form can be printed from the FBCOB Honduras link above.

MINISTRY TEAM ASSIGNMENTS

- As much as possible each team member will be given Ministry Team preference, however final assignment decisions will be made by the team leadership.
- Village Ministries will be a combination of door-to-door and normal clinics set up in the village. The clinics in the village will include medical, optical, pharmacy and clothing/food distributions.

TRIP SUMMARY

- **Saturday, July 6**
 - Arrive in Honduras mid-afternoon
 - Bus ride to Mission Home
 - Dinner 6:00 PM
 - Team meeting after dinner
 - Ministry Team Prayer meetings
- **Sunday, July 7**
 - Breakfast at Mission Home
 - Team Meeting prior to departure to village
 - 8am depart for Village
 - Arrive in Village late morning
 - Unload and set-up clinics
 - Open clinics mid-afternoon
 - Dinner @ 6pm

- **Monday, July 8 – Wednesday, July 10**
 - Breakfast @ 6:30am
 - Clinics open and Door-to-Door teams depart @ 8am
 - Lunch @ noon
 - Clinics close about 5pm
 - Dinner @ 6pm
- **Thursday July 11**
 - Cold breakfast @ 5am
 - Finish camp break-down and load trucks
 - Depart Village @ 6am
 - Arrive @ Mission Home for lunch and showers
 - Depart for Good Sheppard's Children Home mid-afternoon
 - Return to Mission Home for Dinner and rest.
- **Friday, July 12**
 - Valle de Angeles day
- **Saturday July 13**
 - Breakfast @ 7am
 - Depart for airport @ 8am

HEALTH AND SAFETY:

- The only required immunization is Tetanus vaccination must be current. For medical and dental clinic workers it is recommended that Hepatitis A and B vaccinations are up-to-date.
- Insect Bites are also a health risk in Central America. Mosquitoes that spread Zika virus also spread dengue and chikungunya viruses. There is not a vaccine available for these. Thus the only protection is the avoidance of insect bites. The US CDC recommends insect repellants that are approved by the EPA. According to Consumer Reports the most effective products are those that contained 15 to 30 percent deet, 20 percent picaridin, or 30 percent OLE.

ACCOMMODATIONS:

- Sleeping arrangements at the Mission Home is dormitory style. Each room sleeps 6 people (bunk beds) and has 2 showers and a double vanity. We will spend three nights at the Mission Home. Please be considerate of other team members that find it challenging to utilize the top bunk.
- Once in our assigned village we will be sleeping in school classrooms. Most people carry a small tent to sleep in. This provides a little privacy and keeps the bugs out. A foam rubber mattress will be provided.

Note: We will close our manifest on March 31st. This means everything we are going to send ahead must be packed by that date. There is much work to be done in preparation for this Mission endeavor. It is the expectation that each team member will contribute their individual share in the completion of this work. One of the key elements of this mission trip is the distribution of clothing. The Clothing Team can't do all this work themselves. Each team member is required to help in the packing of these items. Packing times can be arranged so that each person can participate.