

Honduras Mission Team PACKING GUIDE

For the days in the village:

- *Four suits of clothes, plus for those who wear scrubs in the clinic area, skirts or dresses for the ladies and jeans or other slacks for the men to wear to the services at night. NO shorts.
- *Extra shoes or boots and socks due to rainy climate
- *Small umbrella or rain poncho
- *Chair
- *Flashlight/Batteries
- *Tent or mosquito netting
- *Light jacket
- *Flip-flops to wear to shower
- *Modest night clothes due to lack of privacy
- *Bedding – twin sheets and light blanket, or light sleeping bag, pillow, and (optional) one person tent
- *Small battery-powered fan/batteries
- *Anything else that doesn't weigh too much that you think will be helpful

These items need to be brought to packing day on April 26. If you do not already have them packed in the boxes we are using, you can pack in something else and transfer when you get to the warehouse. We are asking that team members pack and ship their village items ahead, so as to make it easier to get our large group through the airport.

For traveling days and shopping day:

- *Clothing for the day of travel to village
- *Clothing for travel days and shopping day (NO shorts. Men wear slacks or jeans, ladies may wear capris, but no blue jeans or blue jean capris.)
- *All medications and personal hygiene items. Medications must be in the original bottles and liquid hygiene items must be limited to what will fit into one clear quart ziplock bag.
- *Hand sanitizer
- *Travel toilet tissue