

BMDMI Honduras Team Ministry Dress Code

Revised 19-JAN-15

Travel Days: Arriving In Honduras & Leaving Honduras (All Teams)

- **Men** - APPROVED APPAREL
 - Jeans
 - Khakis / Slacks
- **Women & Children** - APPROVED APPAREL
 - Capris
 - Khakis
 - Jeans
 - Skirts or Dresses
 - Slacks

Zamorano Village Teams

- **Men, Women & Children:**
- **Men** - APPROVED APPAREL
 - Jeans, Slacks or Khakis (No holes or worn out looking jeans)
 - T-shirts are fine, though anyone preaching at a church service should wear a shirt with a collar at that time.
 - All clothing should be modest and free of any questionable designs.
- **Women** - APPROVED APPAREL
 - Skirts/Dresses (knee length) for ALL Church Services
 - Pants (khakis)
 - Jeans (loose fitting - nothing tight & no holes or worn out looking jeans)
 - Tops (sleeveless permitted, no “spaghetti straps,” no low-cut or crop tops with stomach showing)

Showering in the Village - APPROVED APPAREL

- Moderate Shorts are allowed when walking to and from the showers or in sleeping areas.

Scrubs - Guidelines

- Scrubs are allowed in a church service, by medical professionals only, when you do not have time to change prior to the service.
- If pre-approved by your Team Captain, “scrubs” may be worn by those working in the clinics and the pharmacy during clinic hours.

Shoes & Outerwear

- Shoes should be chosen for comfort and suitability for walking on rough terrain; you may wish to bring two pair in case one pair gets wet as well as extra socks.
- Sweater or light jacket is recommended for cool nights.

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Zamorano Mission House - Guidelines for Shorts

This can vary from team to team based on a individual Team's Guidelines. Remember there maybe more than one team sharing the mission house during your time in country. Therefore, one team may be allowed to wear shorts and the other may not based on the individual Team's Guidelines.

Men - Moderate and KNEE LENGTH shorts during leisure time on property (Absolutely NO exceptions)

Women & Children - Moderate and KNEE LENGTH shorts during leisure time on property - NO cheer shorts or Sports Spandex (Absolutely NO exceptions)

GSCH Teams

- Teams Pack enough to last about one week. (Laundry facilities are not available)
 - **Men - APPROVED APPAREL**
 - Jeans
 - Moderate and KNEE LENGTH shorts (Absolutely NO exceptions)
 - Khakis / Slacks
 - **Women & Children - APPROVED APPAREL**
 - Moderate and KNEE LENGTH shorts - NO cheer shorts or Sports Spandex (Absolutely NO exceptions)
 - Capris
 - Jeans
 - Slacks
 - Khakis
 - Skirts or Dresses

 - Clothes should be comfortable, cool, casual, and modest.
 - Women - Dress/skirt for church services or in the event that you accompany our Bible Club to a remote village.
 - Men - No Shorts in church services or in the event that you accompany our Bible Club to a remote village
 - Shoes should be chosen for comfort and suitability for walking on rough terrain; you may wish to bring two pair in case one pair gets wet as well as extra socks.
 - Sweater or light jacket is recommended for cool nights.
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Guaimaca Teams

- Teams Pack enough to last about one week. (Laundry facilities are not available)
- **Men**
 - Jeans
 - Moderate and KNEE LENGTH shorts during leisure time on property (Absolutely NO exceptions)
 - NO SHORTS allowed in Hospital (NO exceptions)
 - Khakis / Slacks

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- **Women & Children**

- Moderate and KNEE LENGTH shorts - NO cheer shorts or Sports Spandex (Absolutely NO exceptions) Only during leisure time on Guaimaca property
 - Capris
 - Jeans
 - Slacks
 - Khakis
 - Skirts or Dresses
- Clothes should be comfortable, cool, casual, and modest.
 - Women - Dress/skirt for church services or in the event that you accompany our Bible Club to a remote village.
 - Men - No Shorts in church services or in the event that you accompany our Bible Club to a remote village
 - Shoes should be chosen for comfort and suitability for walking on rough terrain; you may wish to bring two pair in case one pair gets wet as well as extra socks.
 - Sweater or light jacket is recommended for cool nights.

Enforcement of the Dress Code

- Team Captains are asked to review the dress code with team members prior to travel day.
- Distribute copies of this dress code to all Team Members. Be certain everyone on your team (youth and adults) understands what is required and what is prohibited before packing.
- Team Captains will be asked to enforce the dress code among team members when in country.
- If necessary, the Missionary in Charge will take appropriate action with the Team Captain to ensure that all Team Members follow the dress code.
- Violation of the dress code at any time will result in Team Members being asked to change their attire immediately.
- Team Members will not be allowed to work if not dressed according to the dress code

Please understand that we don't ask these things to be legalistic or to deprive you of your individuality. It's just that particular appearances don't say the same thing in Honduras as they might in the U.S. The people we are serving are looking at us from their cultural lens and point of view. We must not damage our impact by allowing material things to get in the way.